



# Pharmacy Benefit Program Change

## — Effective January 1, 2011 —

*It is the objective of the State of New Hampshire Employee and Retiree Health Benefit Program to maintain the highest quality health coverage you expect while managing this valuable benefit's cost. The 2011 Pharmacy Benefit Program will provide additional savings for the State Health Benefit Program and flexibility for members.*

**Beginning January 1, 2011**, the State of New Hampshire will offer the Mail Order Opt-Out Program. The program change is designed to support individual situations where mail order requirements create an unanticipated and unique hardship. Further details are described in the following pages of this brochure.

**The State encourages you to use mail order to fill your long-term or maintenance prescriptions when appropriate. The mail order program offers significant cost savings to both you and the State Health Benefit Program.**

**T**he 2011 Pharmacy Benefit Program is estimated to save the State Employee and Retiree Health Benefit Program \$16 to \$18 million over the next three years. Much of this savings is due to greater volume discounts generated from the mail order program. The State strongly supports the mail order program as a way to significantly deliver savings to you and the State Health Benefit Program and encourages employees, retirees and family members to use it for long-term prescriptions.

However, because some members may have individual situations where mail order requirements have created an unanticipated and unique hardship which makes use of mail order more difficult, **beginning January 1, 2011**, the State Health Benefit Program will offer a Mail Order Opt-Out Program.

## What You Should Know:

- **If you currently use the mail order and enjoy its cost savings and convenience, you do not have to do anything.**
- The program provides you with the choice of filling your maintenance or long-term prescriptions through CVS Caremark's mail order pharmacy or at a retail pharmacy location.
- The Opt-Out Program is designed to provide more flexibility in those situations where mail order requirements create an unanticipated or unique hardship on some individuals.
- **If you elect to opt-out of the mail order program, you may only receive up to a 31-day supply at a retail pharmacy. You will also be subject to the plan's retail copayment.**
- Mail order will continue to be an available option, even if you elect to opt-out.
- The opt-out feature will not apply for specialty medications; these are provided through CVS Caremark's Specialty Pharmacy.
- You can learn more about your benefits through the State's website: <http://admin.state.nh.us/hr/benefits.html>.

## What You Should Do:

- If the new mail order program has caused an unanticipated and unique hardship for you or your family members and you feel it is in your or their best interest to opt-out of the mail order pharmacy program, call CVS Caremark toll free at 888.726.1630 **on or after January 1, 2011.**
  - Spouses and dependent children age 18 and older should call separately to opt-out.
  - Your request to opt-out will take effect immediately for all your long-term or maintenance prescriptions, including newly prescribed ones.
- Cancel your automatic refills or renewals at [www.Caremark.com](http://www.Caremark.com) or at the time of your opt-out call if you do not want them to continue.
- Obtain new prescriptions for medications you currently fill through mail order but wish to fill at a local retail pharmacy.





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