2012 Health Assessment Tool (HAT) Instructions

State of New Hampshire

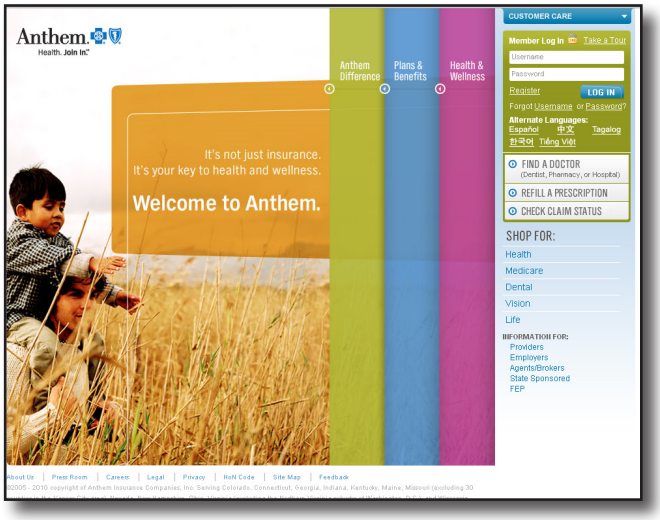
To become eligible for the 2012 $200 Health Reimbursement Arrangement, you must complete the new HAT. If you have already registered on the new www.anthem.com website, skip to step 6 to complete the 2012 HAT.

If you have not registered on the new www.anthem.com website, please follow the steps below. Please note, this HAT replaces the WebMD HAT used in previous years.

Step 1: Go to www.anthem.com on your web browser

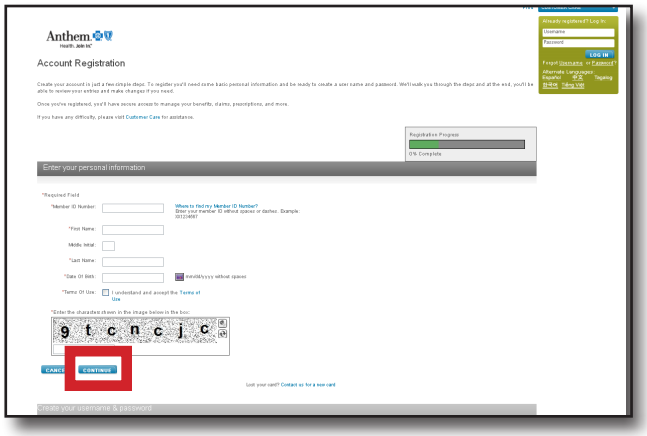
Registration is secure, quick, and easy.

Members will need their ID Card to register. All members will need to re-register to access the New Secure Anthem.com Member Experience.

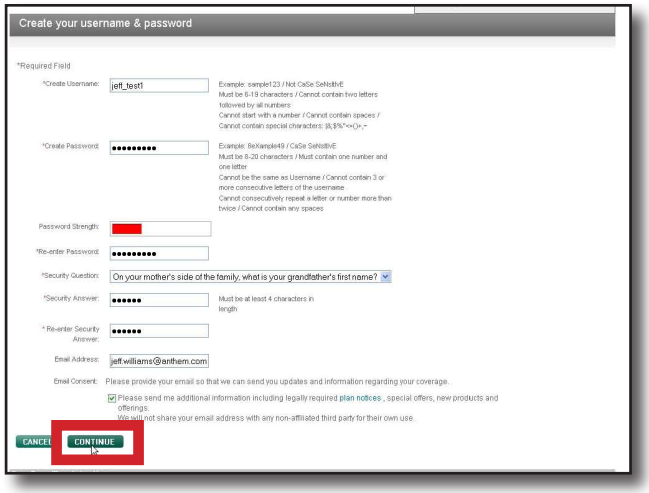


Step 2: Click on "Register" in the green log in box on the top right side of the page

Step 3: Using Anthem ID Card, Enter Personal Information, Click "Continue"



Step 4: Create Your Username and Password, Click "Continue"



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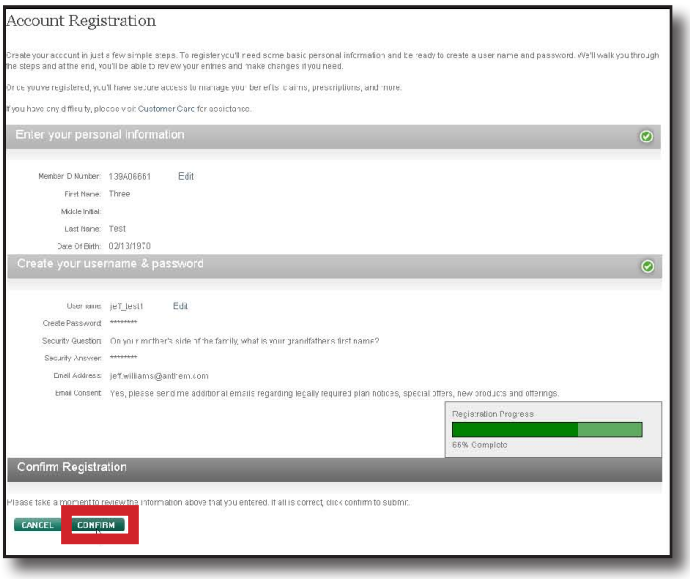
Step 5: Confirm Registration, Click "Continue"

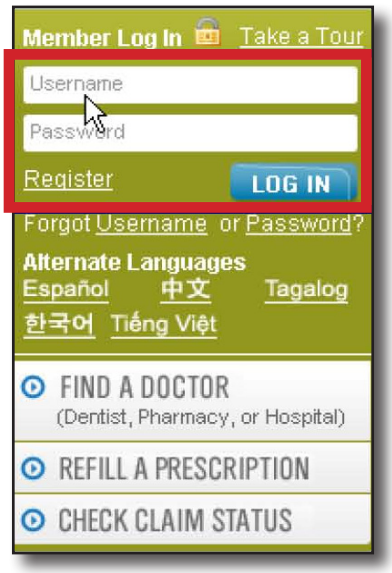
If you have forgotten your username or password or need technical assistance for troubleshooting with anthem.com registrations, refer to page 5.

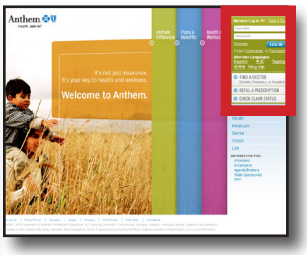


Step 7: Click on the Health & Wellness Tab to enter the Secure Member Portal.

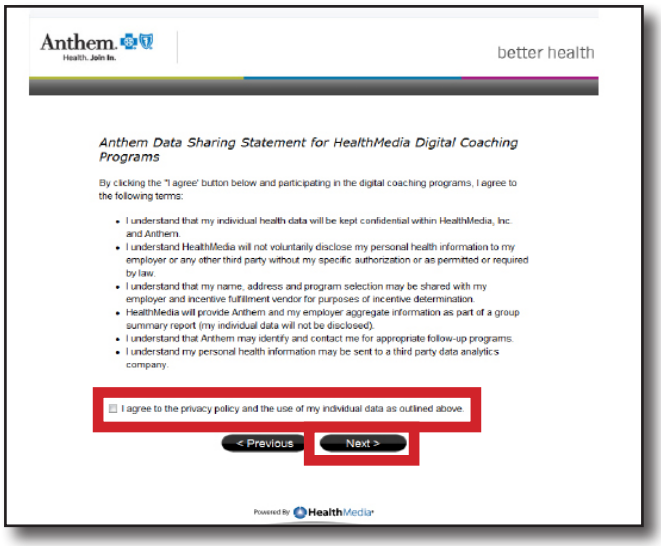
Once there, click on the Better Health Banner (preferred) or Health Assessment

Step 6: Enter Your User name and Password, Click "Log In" to enter the Secure Member Portal





Step 8: Read and Accept the Welcome Letter and Data Sharing Agreement (necessary only once at registration)



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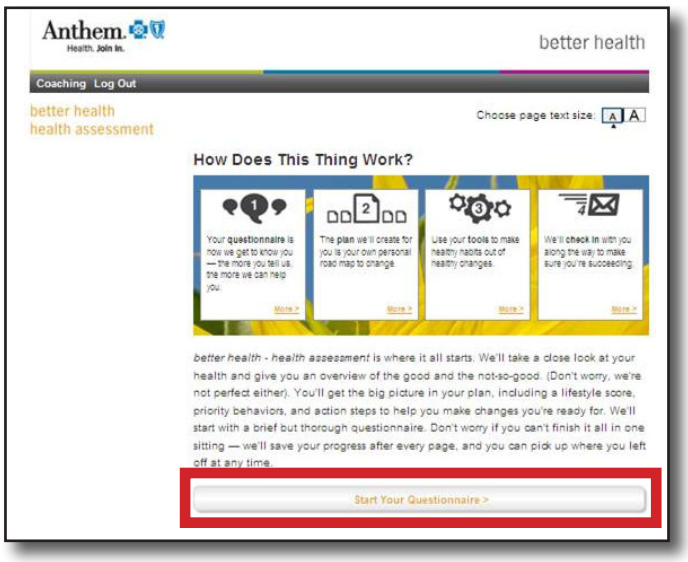
Step 9: Click "Go" in the top box to begin the Health Assessment

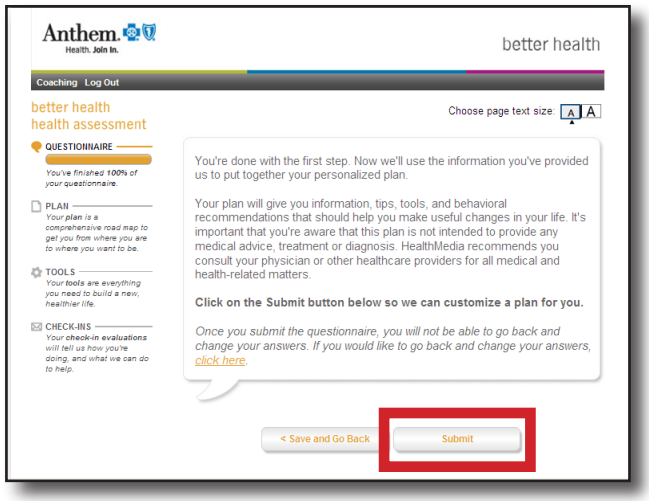
Step 10: Click "Start Your Questionnaire"



Step 11: Fill Out Questionnaire, Click "Save and Continue"

When completing the Health Assessment questionnaire SONH members should indicate an 8 hour work day instead of 7.5 hours. Questions on biometric screening dates can be left blank.

Step 12: Click "Submit" to complete the Questionnaire



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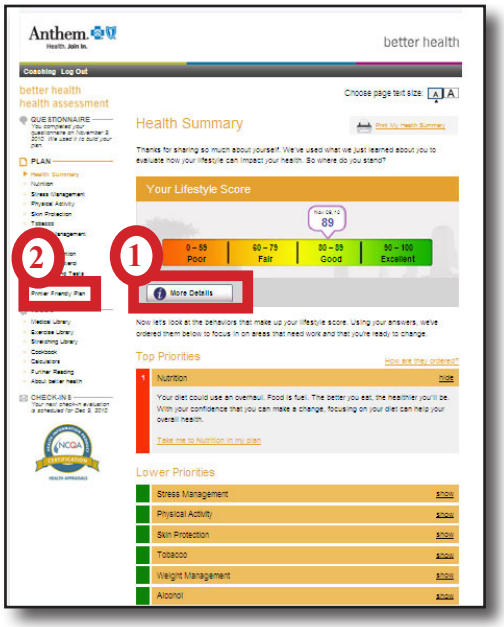
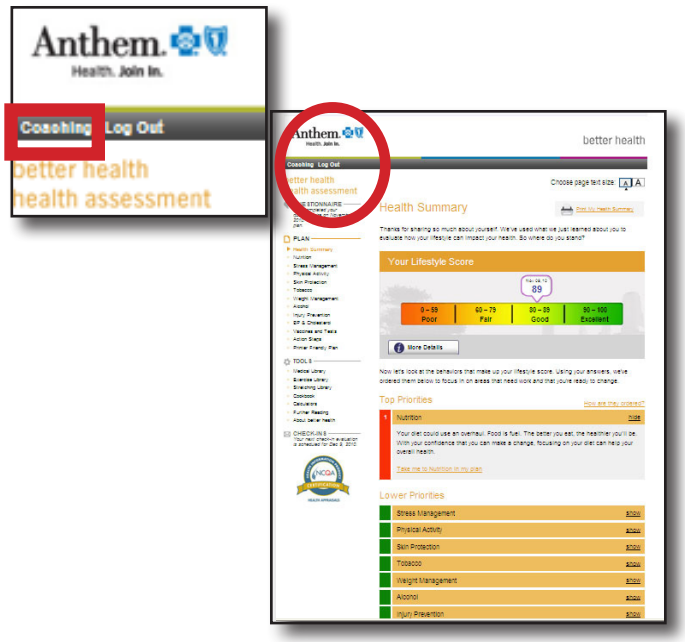
Step 13: Review Health Summary and Action Plan.

Click on "More" for additional information.

Click "Print" to print off results



Step 14: Click on "Coaching" to return to the Better Health home page



Step 15: Follow Action Steps and Recommendations to Begin Using the Better Health Coaching Tools

If you have any question regarding your Health Assessment Tool, contact a State of New Hampshire Customer Service Representative at: (800) 933-8415

2012 Health Assessment Tool (HAT) Instructions

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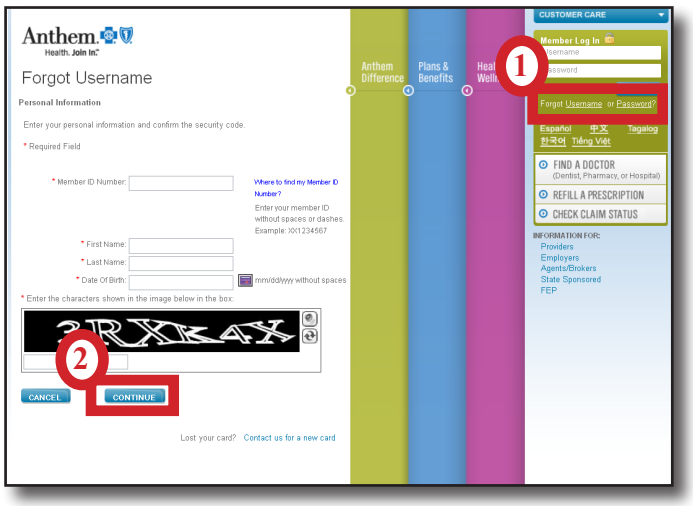
Forgot Your User Name or Password?

If you need technical assistance with the Anthem Portal, please contact (866) 755-2680.

Forgot your User Name?

To access the Forgot Your Username feature, click on the "Forgot Username" link on the Anthem.com homepage. Members will be prompted to provide their Member ID Number, First Name, Last Name and Date of Birth as it appears on the card and then input the security code as it is displayed on the screen. Once all fields have been completed, click the "Continue" button.

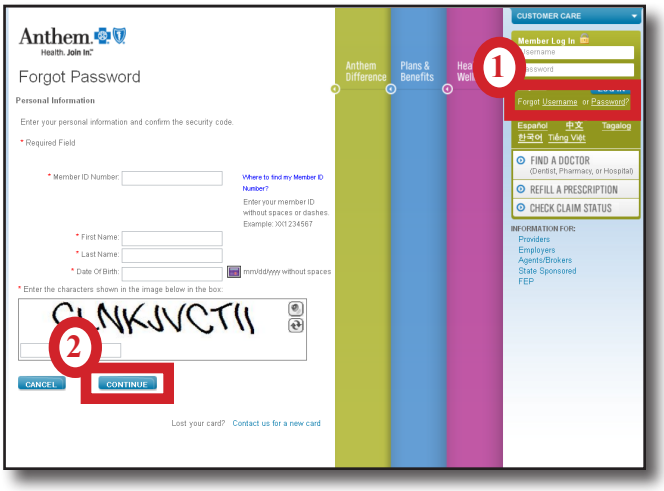
The next step is to answer your security question correctly. If answered correctly, your forgotten username will be presented and you will be allowed to enter your password and login.



Forgot your Password?

You can retrieve your forgotten password by clicking the "Forgot Password" link within the green Log In box on the top right side of the page. Enter your Username and click the "Forgot Password" link. Enter the Member ID Number, First Name, Last Name, Date of Birth as it appears on your membership card, then enter the Secure Code as it is displayed on the screen. Click "Continue".

If you have provided an email address during registration or have subsequently added one to your profile you will be presented with an option to select a preference for resetting your password:

1. Use My Security Answer to reset your password
2. Email Me a temporary password

Follow the steps to reset your password. Once completed, you are able to access