



# State of New Hampshire Coverage of Preventive Medications

Under the Affordable Care Act (ACA), commonly known as health care reform, certain preventive medications, including over-the-counter (OTC) medications, are covered without charging a copayment, coinsurance or deductible. The State of New Hampshire Prescription Benefit Program, in consultation with Express Scripts, Inc., has developed a list of medications and criteria (i.e., gender and age) to support preventive medication requirements based on the recommendations of the U.S. Preventive Services Task Force (USPSTF) and the Centers for Disease Control and Prevention (CDC) to be covered under the pharmacy benefit.

Your State of New Hampshire Prescription Benefit Program will provide medications in the drug categories listed below at no-cost share specific to age and gender requirements of the ACA for covered employees, retirees and their dependents. All medications will require a prescription, including over-the-counter medication.

<b>Drug or Drug Category</b>	<b>Criteria</b>
Aspirin (to prevent cardiovascular events)	Men ages 45 to 79 years and women ages 55 to 79 years Generic OTC < or = to 325mg
Aspirin for preeclampsia	Women < 55 years Generic only, low dose 81 mg, after 12 weeks gestation in women at high risk for preeclampsia
Fluoride	Children older than 6 months of age through 5 years old Generic only (OTC and prescription products)
Folic Acid	Women through age 50 years Generic only (OTC and prescription products) 0.4 – 0.8 mg
Iron Supplements	Children ages 6 months to 12 months who are at risk for iron deficiency anemia Generic only (OTC and prescriptions products)
Smoking Cessation	Age limit 18 or older. Prior Authorization required for Wellbutrin and its generics, as these medications are not approved by the FDA for tobacco treatment. Generic prescriptions, generic OTC medications including patches and gum and Chantix.
Vitamin D	Men and Women ages 65 or older Generic OTC and prescription products
Women's Preventive Services & contraception coverage	Women through age 50 1) Barrier contraception – i.e. cervical caps, diaphragms 2) Hormonal contraception (generic and select brands) - oral, transdermal, intravaginal, injectable 3) Emergency contraception 4) Implantable medications 5) Intrauterine contraception 6) OTC barrier contraceptive methods (with a prescription)
Breast Cancer Primary Prevention (Tamoxifen or Raloxifene)	High-risk women age 35 or older who do not have breast cancer or have never been diagnosed with breast cancer, ductal carcinoma in situ (DCIS), or lobular carcinoma in situ (LCIS) and with an estimated 5-year risk of 3% or greater (based on breast cancer risk model estimates).  Physician must request review process to determine eligibility for \$0 cost share.
Bowel preparation for colonoscopy screening	Men and women ages 50 through 75 years. Generic and brand prescription and OTC preparations. Two prescriptions per 365 days.
Immunizations/Vaccinations	Recommended ages per Advisory Committee on Immunization Practices

The government guidelines are updated periodically to reflect new scientific and medical advances, so this list may be subject to change.  
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