Frequently Asked Questions Regarding 
Retiree Health Benefits for Retired State Employees

State Retiree Health Benefits are governed by RSA 21-I:30 and RSA 21-I:30-a, and administered by the Risk Management Unit. These laws are subject to change. In the event of any conflict between this publication and the laws, rules, and regulations which govern the administration of the Retiree Health Benefits program the applicable laws, rules, and regulations shall prevail.

This document is intended to provide general information only and is based on the laws, rules, and regulations in effect as of July 1, 2017.

Q1: How will I know if I am eligible for Retiree Health Benefits (includes medical and prescription coverage) and when will I receive notification?

You will complete the Retirement Medical Coverage Pre-Application form when you file for retirement with New Hampshire Retirement System (NHRS). NHRS will document your years of State of New Hampshire creditable service and send the Retirement Medical Coverage Pre-Application form to the Risk Management Unit, where a determination will be made that you are one of the following: immediately eligible, eligible upon attainment of a particular age, or ineligible.

- If you are immediately eligible for Retiree Health Benefits, an enrollment packet will be mailed to your home address by the Risk Management Unit (RMU).

- If you are eligible upon attainment of a particular age, you should contact RMU at least three months before attainment of the age applicable to your eligibility in order to complete the paperwork necessary to enroll for Retiree Health Benefits. Retirees who have opted to receive an Early Service Retirement through NHRS are not eligible to enroll for Retiree Health Benefits until attainment of the minimum age requirements noted below:
  - Group I
    - Age 60 if state creditable service commenced prior to 7/1/2011
    - Age 65 if state creditable service commenced on or after 7/1/2011
  - Group II
    - Age 52.5 if state creditable service commenced on or after 7/1/2011

- If you do not meet the eligibility criteria, a copy of the completed Retirement Medical Coverage Pre-Application form will be mailed to your home with an explanation as to why you are not eligible.
Q2: How do I transition from the active employee health benefits plan to the Retiree Health Benefits plan?

If you are immediately eligible, you will be enrolled in the retiree plan once all of the necessary paperwork is completed. To prevent a gap in coverage, you will stay on your agency’s medical and prescription drug plan for active employees for the first month of your retirement. If you are not immediately eligible, your coverage will end at the end of the month in which you left state employment and you will have the option to continue your coverage under COBRA. The required paperwork to enroll in COBRA will be sent directly to your home after you leave state employment.

Q3: What is the coverage offered under the Retiree Health Benefits plan?

Retiree Health Benefits include both medical and prescription drug coverage.

**Medical Coverage:** Currently Anthem Blue Cross and Blue Shield administers the State’s retiree medical coverage. The plan administrator is subject to change or each time the State conducts a competitive bidding process for administrator services. The plan design is subject to change based on the law upon approval of the Fiscal Committee of the General Court. The current benefit options are as follows:

- **Retirees NOT eligible for Medicare (Most retirees under age 65 are NOT Medicare eligible):** The Anthem Blue Cross and Blue Shield retiree medical plans provide coverage for retirees who are not Medicare eligible who reside in or out of the New England area. A Point of Service (POS) plan is available to retirees living in New England and a Preferred Provider Organization (PPO) plan is available to retirees living outside New England. Care is coordinated through participating network providers. Under this plan you have the freedom to choose the providers you prefer, but costs are lowest when you see participating providers. Any time you move you must change your mailing address with the Risk Management Unit. Based on your residence, the Risk Management Unit will change your enrollment to reflect the appropriate plan. Please call (603) 271-1432 to change your mailing address to ensure continuation of coverage. **NOTE: When a retiree becomes eligible for Medicare Part A and Part B because of a disability or End Stage Renal Disease (ESRD), the retiree must contact the Risk Management Unit to change the enrollment to reflect the appropriate plan.**

- **Retirees eligible for Medicare:** Retirees must apply for Medicare when they turn 65 or become Medicare eligible as the result of disability or ESRD. After age 65, or earlier if applicable, the retiree’s plan converts to a policy that supplements Medicare coverage. This coverage is currently administered for the State through the Anthem Blue Cross and Blue Shield Supplemental Plan. Retirees should contact Medicare several months before turning 65 to enroll in both Part A and Part B. Retirees are cautioned that Medicare Part B is a requirement for continued coverage under the Anthem BCBS Medicare supplement policy. **NOTE: When a retiree becomes eligible for Medicare Part A and Part B because of a disability or End Stage Renal Disease, the retiree must contact the Risk Management Unit to change the enrollment to reflect the appropriate plan.**

**Prescription Drug Coverage:** Express Scripts, Inc. (ESI) currently administers the retiree prescription drug program. The mail order program provides a 90-day supply of “maintenance” drugs per co-pay. The plan also offers services at the retail pharmacy level at higher co-pay amounts.

**Please note:** The State does not pay for retiree dental coverage so active employee dental coverage will terminate at the end of the month in which you leave state service. Under COBRA, retirees can pay to maintain their current coverage with Delta Dental for a period of 18 months. After 18 months, you can contact Delta Dental 1-800-537-1715 to join a dental plan at your own expense.
Q4: What is the cost of the Retiree Health Benefits?

The State currently pays a portion of the premium for the retiree and the retiree’s spouse.

- If a retiree and spouse or retired judge and spouse are ineligible for Medicare Parts A and B:
  - Effective 1/1/18, 20.0% of the State’s premium equates to a total monthly premium contribution for single coverage of $210.29, and for a retiree and spouse, $420.58. The Department of Administrative Services coordinates the actuarial development of premiums on a calendar year basis; therefore, the amount of the retiree and/or spouse 20.0% contribution is subject to change. If the legislature does not appropriate the necessary funds, retirees may be responsible for all or a higher percentage of the premium. Retiree Health Benefits are not a guaranteed benefit for current state employees or retired state employees.

- If a retiree and spouse participating in the Retiree Health Benefits or a retired judge and spouse participating in the judicial retirement plan are eligible for Medicare Parts A and B and were born on or after January 1, 1949:
  - Effective 1/1/18, legislation was enacted requiring State of New Hampshire retirees and spouses who are eligible for Medicare Parts A and B and are participants in the state Retiree Health Benefits plan or a retired judge or spouse in the judicial retirement plan to make a monthly premium contribution of at least 10% toward the cost of health coverage. This contribution requirement applies only to those retirees and spouse or retired judges and spouses born on or after January 1, 1949.
  - Effective 1/1/18, 10% of the State’s premium equates to a total monthly premium contribution for single coverage of $36.24 and for a retiree and spouse, $72.48. The Department of Administrative Services coordinates the actuarial development of premiums on a calendar year basis; therefore, the amount of the retiree and/or spouse 10.0% contribution is subject to change. If the legislature does not appropriate the necessary funds, retirees may be responsible for all or a higher percentage of the premium. Retiree Health Benefits are not a guaranteed benefit for current state employees or retired state employees.

**Many state employees think that their pension benefit and their Retiree Health Benefits are provided as a package, but they are not linked.** While your eligibility for Retiree Health Benefits may be dependent upon your years of NHRS creditable service and/or the type of NHRS benefit you receive, the pension plan and Retiree Health Benefits are separate and distinct benefits funded by different sources and governed by two different state statutes. State employee pensions are in the NHRS Trust Fund and administered by NHRS, which is governed by RSA 100-A. Retiree Health Benefits are governed by RSA 21-I:30, “within the limit of the funds appropriated at each legislative session,” and are administered by the Risk Management Unit. Statements in this document related to retirement benefits administered by NHRS are for illustrative purposes only and should not be relied upon as guidance. All questions related to retirement eligibility and/or requirements must be directed to NHRS.

Q5: How does the Risk Management Unit determine eligibility for Retiree Health Benefits?

The Risk Management Unit will apply the information submitted on your Retirement Medical Coverage Pre-Application form to the eligibility criteria required by statute to determine your eligibility. This determination includes a review of your years of State of New Hampshire creditable service and your age at the time of retirement. “Creditable Service” is administered through and documented by NHRS. See RSA 100-A. The phrase “state creditable service” used throughout this document is intended to mean creditable full-time service that is certified by NHRS to have been earned while an employee of the State of New Hampshire. Questions about creditable service should be directed to NHRS.
Important Note: You may become eligible to receive a pension under Early Service Retirement before you are eligible for Retiree Health Benefits.

Q6: Am I still eligible for Retiree Health Benefits if I opt to withdraw my accumulated contributions from NHRS in a lump sum instead of retiring from state service and collecting a monthly pension from NHRS?

No. You will not be eligible for Retiree Health Benefits if you elect to withdraw your accumulated contributions from NHRS in a lump sum at the time you leave state service. By withdrawing your accumulated contributions you cease to be an NHRS member, forfeit prior creditable service earned, and are not considered a retired state employee.

Q7: I am a member of Group I and am filing for Service Retirement. What eligibility criteria must I meet to be eligible for Retiree Health Benefits?

- Retirees whose state full-time creditable service began prior to 7/1/2003, with at least 10 years of state creditable service, are eligible for retiree medical and prescription drug benefits at age 60.
- Retirees whose state full-time creditable service began on or after 7/1/2003 but before 7/1/2011, with at least 20 years of state creditable service, are eligible for retiree medical and prescription drug benefits at age 60.
- Retirees whose state full-time creditable service began on or after 7/1/2011, with at least 20 years of state creditable service and are age 60 at the time of retirement, are eligible for retiree medical and prescription drug benefits at age 65.
- Retirees whose state full-time creditable service began prior to 7/1/2011, with at least 30 years of state creditable service are eligible for retiree medical and prescription drug benefits at any age.

Q8: I am a member of Group I and am filing for Vested Deferred Retirement. What eligibility criteria must I meet to be eligible for Retiree Health Benefits?

Note: “Vested Deferred Retirement” and “Vested Status” are terms that relate to RSA 100-A as administered by NHRS. Questions about your eligibility to receive a vested deferred retirement pension OR whether or not you have attained vested status for pension purposes must be directed to NHRS.

- Retirees whose state full-time creditable service began prior to 7/1/2003, with at least 10 years of state creditable service, are eligible for Retiree Health Benefits upon reaching age 60.
- Retirees whose state full-time creditable service began on or after 7/1/2003 but before 7/1/2011, with at least 20 years of state creditable service, are eligible for Retiree Health Benefits upon reaching age 60.
- Retirees whose state full-time creditable service began on or after 7/1/2011, with at least 20 years of state creditable service, are eligible for Retiree Health Benefits upon reaching age 65.

Q9: I am a member of Group II and am filing for Service Retirement. What eligibility criteria must I meet to be eligible for Retiree Health Benefits?
• Retirees whose full-time service began prior to 7/1/2010 are eligible for Retiree Health Benefits upon Service Retirement.

• Retirees whose full-time service began on or after 7/1/2010 but before 7/1/2011, with at least 20 years of STATE creditable service, are eligible upon Service Retirement.

• Retirees whose full-time service began on or after 7/1/2011, with at least 20 years of STATE creditable service, are eligible at age 52.5.

Q10: I am a member of Group II and am filing for Vested Deferred Retirement. What eligibility criteria must I meet to be eligible for Retiree Health Benefits?

Note: “Vested Deferred Retirement” and “Vested Status” are terms that relate to RSA 100-A as administered by NHRS. Questions about your eligibility to receive a vested deferred retirement pension OR whether or not you have attained vested status for pension purposes should be directed to NHRS.

• Retirees whose creditable service began prior to 7/1/2010, are eligible for Retiree Health Benefits upon the age the retiree is eligible to commence vested deferred retirement benefits.

• Retirees whose creditable service began on or after 7/1/2010, but before 7/1/2011, with at least 20 years of STATE creditable service, are eligible for Retiree Health Benefits upon the age the retiree is eligible to commence vested deferred retirement benefits.

• Retirees whose service began on or after 7/1/2011, with at least 20 years of STATE creditable service, are eligible for Retiree Health Benefits at age 52.5.

Q11: What is the “Rule of 70”?

The “Rule of 70” is a provision that allows Group I state employees hired before 7/1/2011 to retire and draw a reduced pension before age 50. No Retiree Health Benefits are provided until the retiree reaches age 60, unless the retiree has 30 years of service. Retirees with at least 20 years of service can draw permanently reduced pensions before the age of 50, if their age plus their years of service equal 70. The “Rule of 70” is inapplicable to Group I employees retiring at age 50 or older and to all Group II employees.

Q12: How am I covered if I have “Split Benefits”?

For employees with creditable service in both Group I and Group II, Retiree Health Benefits eligibility is based on the criteria of the Group from which they are retiring.

Q13: If I am eligible for Retiree Health Benefits are my dependents also eligible for coverage under my plan?

Yes, at the expense of the retiree, fully dependent minor children, children who are between the ages of 19 and 25 if full-time students, and any certifiably dependent child with a disability who is institutionalized or living in the household and being cared for by the qualified retired member, the member’s spouse, or the qualified surviving spouse, are eligible to enroll in the Retiree Health Benefits. Dependents may voluntarily cease participation in plan benefits at any time.
Q14: What is the cost to add my dependent child(ren) to my plan?

The Department of Administrative Services coordinates the actuarial development of the cost to enroll dependent(s) on a calendar year basis; therefore, the cost is subject to change. Effective 01/01/2018, the monthly cost to enroll non-Medicare eligible dependent(s) is $742.72 and the monthly cost to enroll Medicare eligible dependent(s) is $362.39 per dependent. Please contact the Risk Management Unit at (603) 271-1432 if additional information is needed.

Q15: If I marry after retirement, is my new spouse eligible for Retiree Health Benefits?

Yes, if an unmarried retiree marries after retirement, the benefit plan is extended to the new spouse. You should contact the Retiree Health Benefit Office at (603) 271-1432 and request enrollment materials for your new spouse.

Q16: If I divorce after retirement, is my former spouse eligible for Retiree Health Benefits?

No, if a retiree divorces after retirement, the divorced spouse is no longer eligible to participate in the retiree benefit plan. If the divorced spouse is non-Medicare eligible, he/she will be provided with the opportunity to elect continuation of their coverage under COBRA. There is no COBRA continuation available for participants in the State’s Retiree Health Medicomp plan.

You must notify the Retiree Health Benefits Office of your divorce as soon as possible to coordinate this change.

Q17: What happens if I fail to notify the State of a change in eligibility? e.g., a divorce or dependent loss of full-time student status.

The failure to file changes in eligibility within 60 days of occurrence may result in the permanent cessation of plan benefits. Also, failure to notify the Retiree Health Benefit Office in a timely manner could result in retroactive termination of health coverage and recovery of claims paid by the State, which the member may be subsequently responsible for paying.

Q18: What happens if I voluntarily withdraw from the benefit plan?

Retired employees who are eligible for the retiree medical and prescription drug benefit plans may voluntarily cease participation in plan benefits at any time. However, NH law prohibits retirees who are not Medicare eligible from reenrolling in the plan within a year of withdrawal.

Q19: What happens to my coverage in the case of death or disability before retirement?

- **Accidental Disability (Job-Related):** If the employee is eligible for Accidental Disability Retirement, Retiree Health Benefits come with the pension, at any age. Employees who become disabled prior to retirement should contact NHRS directly.

- **Ordinary Disability (Non-Job Related):** If the employee is eligible for Ordinary Disability Retirement, Retiree Health Benefits come with the pension, at any age. Employees who become disabled prior to retirement should contact NHRS directly.
• **Accidental Death (Job-Related):** If the employee dies and is eligible for Accidental Death Retirement benefits, the surviving spouse and dependent children are eligible for Retiree Health Benefits.

• **Ordinary Death (Non-Job Related)**
  
  o **Group I - Ordinary Death (Non-Job Related):** If the employee was hired **prior to** 7/1/2003 and attained 10 years state creditable service, or was hired **on or after** 7/1/2003 and attained 20 years of state creditable service, and is eligible for ordinary death retirement benefits then the surviving spouse is immediately eligible regardless of employee’s age at time of death.

  o **Group II - Ordinary Death (Non-Job Related):** If the employee was hired **prior to** 7/1/2010 and is eligible for ordinary death retirement benefits, or was hired **on or after** 7/1/2010 and attained 20 years of state creditable service, and is eligible for ordinary death retirement benefits then the surviving spouse is immediately eligible regardless of employee’s age at time of death.

• **Post-Retirement Death of Retiree:** RSA 21-I:30, II and III currently provide Retiree Health Benefits to the surviving spouse of an eligible retired state employee for the lifetime of the surviving spouse.

**Q20: Who can I contact if I have additional questions about Retiree Health Benefits?**

If you have questions regarding Retiree Health Benefits, please contact the Retiree Health Benefit Office by phone at **603-271-1432** or via e-mail at **RetireeHealth@nh.gov**.

Information about the Retiree Health Benefits can also be found on the state website at:

[https://das.nh.gov/hr/retirement_benefits.html](https://das.nh.gov/hr/retirement_benefits.html)

**New Hampshire Retirement System (NHRS)**

Questions regarding New Hampshire Retirement System benefit issues only should be directed to a NHRS member benefits representative by calling (603) 410-3500 or toll free (877) 600-0158 or via email at **info@nhrs.org**.