

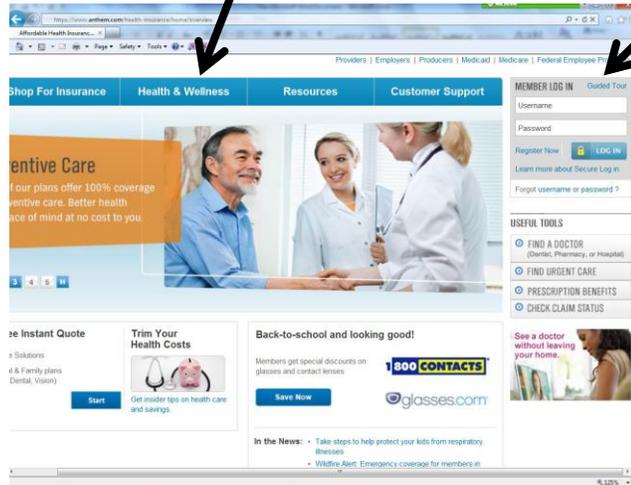


## Health Rewards – A step by step guide to confirm you are tobacco free

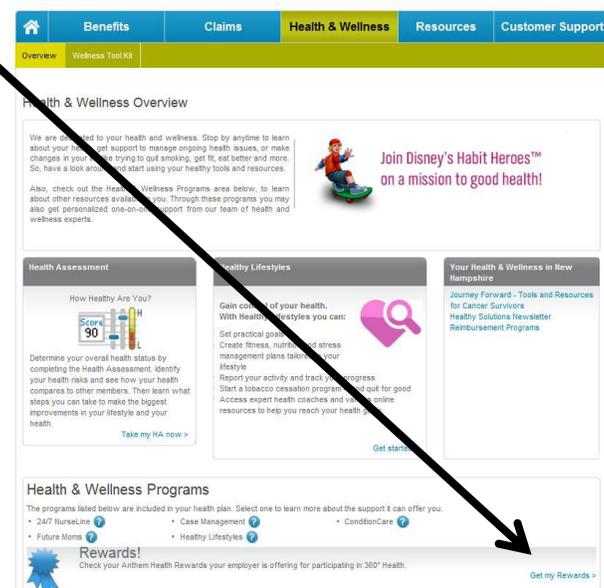
Welcome to the Health Rewards Program. We're excited about the opportunity to reward you for being tobacco free! Getting rewarded is easy. If you have questions or need assistance, please contact Anthem Member Services at 1-800-933-8415.

### Now let's get you started

1. Go to [www.anthem.com](http://www.anthem.com) and register with a user name and password. If you have already registered, simply log in and click on the "Health & Wellness" page.



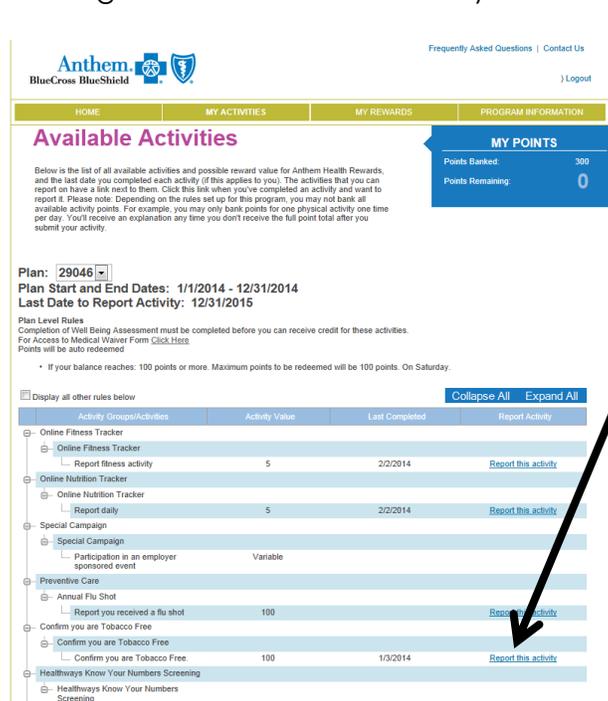
2. Next, click on "Get my Rewards". Select "Continue" in the window that appears.



3. Now, scroll over “My Activities” in the top menu bar and click on “Available Activities”.



4. On this page, you can see what healthy activities you can report. Click on the link that says “Report this activity” to the right of tobacco free activity.



5. You'll then be asked to enter the date you are reporting being tobacco free. Once you enter it, click "Continue".

Report Activity

Plan: 29046  
Plan Start and End Dates: 1/1/2014 - 12/31/2014  
Last Date to Report Activity: 12/31/2015

Completed Activity [Choose Another Activity](#)  
Activity: Confirm you are Tobacco Free.  
Activity Points Value: 300

Completion Date

[Continue](#)

6. Finally, select the box to confirm that you completed the activity and click "Complete"

Report Activity

Plan: 29046  
Plan Start and End Dates: 1/1/2014 - 12/31/2014  
Last Date to Report Activity: 12/31/2015

Completed Activity [Choose Another Activity](#)  
Activity: Confirm you are Tobacco Free.  
Activity Points Value: 300

Completion Date

By checking this box, I confirm that I've completed this activity.

[Complete](#)

7. It will take 2-4 days for Anthem to process your activity date and award your Health Reward points. It will take up to 30 days for your Health Reimbursement to credit in your account. If you have any questions about the Health Rewards Program, please contact the Anthem Member Services telephone number on the back of your Anthem ID card. For questions about your Health Reimbursement Arrangement account, please contact ASIFlex at 1-800-659-3035.