New Hampshire
You're Going To Love It Here
www.visitnh.gov

CONCORD
Suggested Walks

Trail Color	Distance	Walking Time
	0.50 miles	10 minutes
	0.75 miles	15 minutes
	1.00 miles	25 minutes

Taking the Road to Fitness and a Healthier Environment

Walking is a simple way to stay in shape, and walking instead of driving saves energy qnd reduces air pollution