Taking the Road to Fitness and a Healthier Environment

Walking is a simple way to stay in shape, and walking instead of driving saves energy qnd reduces air pollution

Watersedge Dr
Bangor St
Greatstone Dr
No Name
Westerdale Dr
Stanwood Dr
Antrim St
Bradford St
Thornton Rd
No Name
Candia St
Benwick St
Amherst St
Chatham St
Newfields St
Milan St
Sunapee St
Saxford Ln
Pitford Way
Guilford Ln
Wallingford Dr
Townsend West
No Name

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Suggested Walks

Trail Color	Distance	Walking Time
	0.50 miles	10 minutes
	0.75 miles	15 minutes
	1.00 miles	25 minutes