

Were you born when fins were in?



If so, it's probably time for your colorectal cancer screening.

Look at you! 50-something and still lookin' good! Keep yourself in showroom condition by taking good care of your health and getting screened for colorectal cancer. A colorectal screening is an exam that checks for colon and rectal cancer before any symptoms may be present. And early detection saves lives. Ask your doctor about the type of colorectal screening you should have, what you can expect during the exam and how often you should repeat it. Some colorectal screenings may take less time than you think. **That's time well spent.**

Visit anthem.com to learn more about cancer and how early detection saves lives.

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Source: National Cancer Institute - <http://www.cancer.gov/cancertopics/types/colon-and-rectal>
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